

NH North Country Resources 2023

Community Action Program	Location	Phone	Days and Hours
Tri-County CAP Community Action Program	30 Exchange St, Berlin	603-752-7001	Mon-Fri 8am-4pm
Clothing	Location	Phone	Days and Hours
Helping Hands North	96 Main St, Colebrook	603-237-5891	Tuesday- Friday 10-2pm Saturday 9 - 12pm
St. Vincent de Paul Society Guardian Angel Thrift Shop	153 Grafton St, Berlin	603-752-4844	Tuesday- Friday 9-2pm Saturday 9 - 12pm
Food	Location	Phone	Days and Hours
All Saints Community Food Cupboard	35 School St, Littleton	603-444-3414	Tuesday – Thurs 9-10am Sunday 9 - 9:45am
Area Churches Working Together	55 Pleasant St, Colebrook	603-237-8030	Mon, Tues, Thurs 10am -2pm
Bethlehem Food Pantry (Little Free Pantry 24/7)	2155 Main St, Bethlehem	603-869-3351	Mon 11am -4pm T & Th 8am-4pm Fri 8am-12pm
Community Bible Church	593 Sullivan St, Berlin	603-752-4315	Thursdays 5-6pm
CVCC Food Pantry Bread of Life	132 Main St, Conway	603-447-3851	Tuesdays 9-11:30am
Mother Marie Riviera at Saint Vincent de Paul Society	153 Grafton St, Berlin	603-752-2902	Tues and Friday 2-3:30pm
Elevate Church Bridge Food Pantry	70 Reddington St, Littleton	603-444-6517	M 4:30-6:30pm T 10-2pm W 10-12pm Sat 10-11am
Faith Bible Church	365 Union St, Littleton	603-444-2763	3 rd Saturday 9am-11am
Feeding Hope Food Pantry** Harvest Christian Fellowship	219 Willow St, Berlin	603-752-5374	Tues – Thurs 10am – 2pm
Good Neighbors Food Pantry	44 Church St, Franconia	603-991-6017	Tuesdays 11am-12pm
Good Shepard Ecumenical Food Pantry	65 Court St, Woodsville	603-243-0327	Mon, T, Th, 10am - 1pm Wed 4pm – 7pm
Little Free pantry	189 Main St, Littleton	603-444-3376	24/7
Madison Food Pantry	53 Conway Road, Madison	603-733-6323	By Appointment
Salvation Army**	15 Cole St, Berlin	603-752-1644	T & Th 9am-12pm
The Gibson Center	14 Grove St, N. Conway	603-356-3231	Mon-Fri 8am -3:30pm
Trinity Church Food Pantry	41 Nazarene Drive, Haverhill	603-787-6177	Tuesdays 4-6pm
Whitefield Food Pantry	3 School St, Whitefield	603-837-8849	Thurs 3:30-5pm
White Mountain Community Health Center – Food Pantry	298 Route 16, Conway	303-447-8900	Mon-Fri 10am – 3:30pm
WMCC Cabinet - Berlin	2020 Riverside Dr, Berlin	603-342-3050	Mon-Thurs 7:30am-6pm Fri 7:30am-4pm
WMCC Cabinet - Littleton	646 Union St, Littleton	603-342-3094	Mon-Thurs 7:30am-6pm Fri 7:30am-4pm

Health General	Location	Phone	Days and Hours
Ammonoosuc Community Health	25 Mt Eustis Rd, Littleton	603-444-2464	Mon-Fri 8-5pm Sat 9-4pm
Ammonoosuc Community Health Services	14 King Square, Whitefield	603-837-2333	Mon-Fri 8-5pm Sat 9-4pm
Androscoggin Valley Hospital	35 Page Hill Rd, Berlin	603-752-2200	24/7
Convenient MD Urgent Care	551 Meadow St, Littleton	603-761-3600	Daily 8am-8pm
Coos County Family Health Services	133 Pleasant St, Berlin	603-342-0215	Mon-Fri 8-5pm
Coos County Family Health Services	59 Page Hill Rd, Berlin	603-752-2900	Mon-Fri 8-5pm Sat-Sun 8-4pm
Coos County Family Health Services	2 Broadway Ave, Gorham	603-466-2741	Mon-Fri 8-5pm
Cottage Hospital	90 Swiftwater Rd, Woodsville	603-747-9000	24/7
Granite United Way	961 Main St, Berlin	603-752-3343	Mon-Fri 9-5pm
Littleton Regional Hospital	600 St Johnsbury Rd, Littleton	800-464-7731	24/7
Memorial Hospital	3073 White Mountain Highway, North Conway	603-356-5461	24/7
Response	Hotline	866-662-4220	24/7
Response - Berlin Sexual and Domestic Violence	54 Willow St, Berlin	603-752-5679	Mon-Fri 9-5pm
Response – Lancaster Sexual and Domestic Violence	278 Main St, Lancaster	603-788-8195	Mon-Fri 9-5pm
Response – Colebrook Sexual and Domestic Violence	120 Main St, Suite 5C	603-237-5384	Mon-Fri 9-5pm
Weeks Medical Center	173 Middle St, Lancaster	603-788-4911	Mon-Fri 8am-5pm
Weeks Medical Center	8 Clover Lane, Whitefield	603-837-9005	Mon-Fri 8am-5pm
Weeks Medical Center	47 Church St, Groveton	603-636-1101	Mon-Fri 8am-5pm

Health Mental	Location	Phone	Days and Hours
Bettermynd	bettermynd.com	bettermynd.com	24/7
Center for New Beginnings	229 Cottage St, Littleton	603-444-6465	By Appointment
Northern Human Services	3 12 th St Berlin	306-752-7404	Mon – Fri 8:30-5pm
Northern Human Services	25 West Main St, Conway	603-447-2111	Mon – Fri 8:30-5pm
Northern Human Services	55 Colby St, Colebrook	603-237-4955	Mon – Fri 8:30-5pm
Suicide Prevention Hotline	No office location	800-273-8255 or 988	24/7
White Mountain Mental Health	29 Maple St, Littleton	603-444-5358	Mon – Fri 8:30-5pm
WMCC College Counselor	2020 Riverside Dr, Berlin 646 Union St, Littleton	603-342-3058 603-342-3058	M, T, Th 10am-3pm Wed 10am-3pm

Health Substance/Addiction	Location	Phone	Day and Hours
North Country Serenity Center	45 Union St, Littleton	603-444-1300	Mon-Fri 9am-5pm
Serenity Steps	567 Main St, Berlin	603-215-6404	Mon-Fri 9am – 6pm
The Doorway at AVH	7 Page Hill Rd, Berlin	603-342-5000	Mon-Fri 8am – 5pm
The Friendship House	2957 Main St, Bethlehem	603-932-7692	24/7
White Horse Recovery	2977 White Mountain Highway, N. Conway	603-651-1441	Mon-Fri 9am – 5pm
White Mountains Recovery	669 Union St, Littleton	603-726-1352	24/7
WMCC College Counselor	2020 Riverside Dr, Berlin 646 Union St, Littleton	603-342-3058 603-342-3058	M, T, Th 10am-3pm Wed 10am-3pm

Housing	Location	Phone	Days and Hours
AHEAD – Affordable Housing Education and Development	161 W. Main St, Littleton	603-444-1377	Mon – Fri 8am-4:30pm
Berlin City Office	168 Main St, Berlin	603-752-2120	Mon – Fri 8:30am-4pm <i>Closed 12pm-1pm</i>
Berlin Housing Authority	10 Serenity Circle, Berlin	603-752-4240	Mon – Fri 8am-4:30pm <i>Closed 12pm-1pm</i>
New England Family Housing Info@nefamilyhousing.com	Berlin	603-744-3551	No Office Hours
REMAX / Northern Edge Property Management	232 Glen Ave, Berlin	603-752-0003	Mon – Sat 9am – 5pm