

Student Name: _____
Student ID #: _____

September, 2015

WHITE MOUNTAINS COMMUNITY COLLEGE
2020 Riverside Drive, Berlin, NH 03570

**HEALTH & WELLNESS COACH CERTIFICATE
TRANSCRIPT CHECKLIST**

Minimum Credit Hours Required 37

MAJOR SPECIALIZATION / RELATED COURSES - (21 Credits)

| | | | |
|---|---------|---|---------|
| CHEM112W Nutrition | (3) ___ | HSV213W Issues in Developmental | |
| COMP110W Software Applications | (3) ___ | Disabilities | (3) ___ |
| HSV212W Support Communications | (3) ___ | HSV223W Introduction to Counseling | (3) ___ |
| HSV222W Spirituality and the Helping Professions | (3) ___ | MASS225W Self Care and Stress Management | (3) ___ |

CHOOSE ONE ELECTIVE:

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|--|---------|
| HSV130W Intro to Gerontology | (3) ___ |
| HSV214W Issues of Children and Families | (3) ___ |
| HSV217W Chemical Dependence | (3) ___ |

LIBERAL ARTS - (13 Credits)

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|--|---------|
| ENGL120W College Composition | (4) ___ |
| ENGL225W Oral Communications | (3) ___ |
| HUMA140W Critical Thinking | (3) ___ |
| PSYC112W Human Growth and Development | (3) ___ |

All courses required unless otherwise indicated.