September, 2016

WHITE MOUNTAINS COMMUNITY COLLEGE 2020 Riverside Drive, Berlin, NH 03570

HEALTH & WELLNESS COACH CERTIFICATE TRANSCRIPT CHECKLIST

Minimum Credit Hours Required 38

MAJOR SPECIALIZATION / RELATED COURSES - (22 Credits)

CHEM112W Nutrition(3) ____COMP110W Software Applications(3) ____HSV212W Support Communications(3) ____HSV222W Spirituality and the Helping
Professions(3) ____

)	HSV213W Issues in Developmental	
) <u> </u>	Disabilities	(3)
)	HSV223W Introduction to Counseling	(3)
	MASS225W Self Care and Stress	
)	Management	(3)
	PROF101W Professional Readiness	(1)

CHOOSE ONE ELECTIVE:

HSV130W Intro to Gerontology	(3)
HSV214W Issues of Children and	
Families	(3)
HSV217W Chemical Dependence	(3)

LIBERAL ARTS - (13 Credits)

ENGL120W College Composition	(4)
ENGL225W Oral Communications	(3)
HUMA140W Critical Thinking	(3)
PSYC112W Human Growth and	
Development	(3)

All courses required unless otherwise indicated.