

Student Name: \_\_\_\_\_  
Student ID #: \_\_\_\_\_

September, 2018

WHITE MOUNTAINS COMMUNITY COLLEGE  
2020 Riverside Drive, Berlin, NH 03570

**HEALTH & WELLNESS COACH CERTIFICATE  
TRANSCRIPT CHECKLIST**

Minimum Credit Hours Required 30

**MAJOR SPECIALIZATION / RELATED COURSES - (17 Credits)**

CHEM112W Nutrition (3) \_\_\_\_  
COMP110W Software Applications (3) \_\_\_\_  
HSV212W Supportive Communication  
Skills (3) \_\_\_\_  
HSV217W Chemical Dependence (3) \_\_\_\_  
HSV223W Intro to Counseling (3) \_\_\_\_  
MASS225W Self Care and Stress  
Management (2) \_\_\_\_

**LIBERAL ARTS - (13 Credits)**

ENGL120W College Composition (4) \_\_\_\_  
ENGL225W Oral Communications (3) \_\_\_\_  
HUMA240W Critical Thinking Sem. (3) \_\_\_\_  
PSYC112W Human Growth and  
Development (3) \_\_\_\_

All courses required unless otherwise indicated.