

Student Name: _____
Student ID #: _____

September, 2014

WHITE MOUNTAINS COMMUNITY COLLEGE
2020 Riverside Drive, Berlin, NH 03570

**HEALTH & WELLNESS COACH CERTIFICATE
TRANSCRIPT CHECKLIST**

Minimum Credit Hours Required 36

MAJOR SPECIALIZATION / RELATED COURSES - (24 Credits)

CHE112 Nutrition	(3) ___	HUS213 Issues in Developmental	
COM110 Software Applications	(3) ___	Disabilities	(3) ___
HUS212 Support Communications	(3) ___	HUS223 Introduction to Counseling	(3) ___
HUS222 Spirituality and the Helping Professions	(3) ___	MST225 Self Care and Stress Management	(3) ___

CHOOSE ONE ELECTIVE:

HUS 130 Intro to Gerontology	(3) ___
HUS214 Issues of Children and Families	(3) ___
HUS217 Chemical Dependence	(3) ___

LIBERAL ARTS - (12 Credits)

ENG120 College Composition	(3) ___
ENG225 Oral Communications	(3) ___
HUM240 Critical Thinking	(3) ___
PSY112 Human Growth and Development	(3) ___

All courses required unless otherwise indicated.