## Mountains ACADEMIC MAP

2023-2024

## **Massage Therapy**

Certificate

**40 Credits** 

**START HERE** 

Name:	 	
ID:	 	
Advisor:		

## Semester 1 - Fall **Credits** Landmark Grade **BIOL 112W Nutrition** 3 **Human Anatomy and BIOL 114W** Physiology I **MASS 101W** Swedish Massage I 3 **\* Massage Business MASS 104W Practices MASS 106W Eastern Thought & Bodywork**

stay on track and graduate on time!

**Landmark Courses** 

should be taken in the

order shown to ensure you

**Total Credits: 13** 

Semester 2 - Spring		Credits	Landmark	Grade
BIOL 115W	Human Anatomy and Physiology II	4		
<b>MASS 108W</b>	Spa Techniques	2	*	
<b>MASS 110W</b>	Swedish Massage II	3	*	
MASS 122W	<b>Musculo-Skeletal Studies</b>	4	*	
MASS 230W	Clinical Internship I	2	*	

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**Total Credits: 15** 

Semester 3 - Summer		Credits	Landmark	Grade
MASS 125W	Pathology for the Massage Therapist	3	*	
MASS 135W	Deep Tissue Massage	3	*	
MASS 201W	Kinesiology	3	*	
MASS 212W	Special Populations Massage	1	<b>※</b>	
MASS 240W	Clinical Internship II	2	*	

**Total Credits: 12** 

**Program COMPLETE!** 

## **Advising Notes**

- Meet with your Academic Advisor every semester.
- Explore transfer opportunities.
- Take advantage of Tutoring services.
- Maintain an overall GPA of 2.0 to graduate.
- Check your student email DAILY!